

10-MINUTE BIBLE LESSON Not a Horror Movie Luke 24:36-53

Before watching the video: What do you already know about the post-resurrection stories in the Gospels? Where have you seen them depicted in songs, TV shows, movies, and so on? What do you remember about them?

Now read the passage twice. Take time to notice every sentence and phrase. What stands out to you?

³⁶While they were talking about this, Jesus himself stood among them and said to them, "Peace be with you." ³⁷They were startled and terrified, and thought that they were seeing a ghost. ³⁸He said to them, "Why are you frightened, and why do doubts arise in your hearts? ³⁹Look at my hands and my feet; see that it is I myself. Touch me and see; for a ghost does not have flesh and bones as you see that I have." ⁴⁰And when he had said this, he showed them his hands and his feet. ⁴¹While in their joy they were disbelieving and still wondering, he said to them, "Have you anything here to eat?" ⁴²They gave him a piece of broiled fish, ⁴³and he took it and ate in their presence. ⁴⁴Then he said to them, "These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." ⁴⁵Then he opened their minds to understand the scriptures,⁴⁶ and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, ⁴⁷ and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. ⁴⁸You are witnesses of these things. ⁴⁹And see, I am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high."

⁵⁰Then he led them out as far as Bethany, and, lifting up his hands, he blessed them. ⁵¹While he was blessing them, he withdrew from them and was carried up into heaven. ⁵²And they worshiped him, and returned to Jerusalem with great joy; ⁵³and they were continually in the temple blessing God. – *Luke 24:36-53*

After watching the video: The disciples can't understand Jesus appearing to them, and become incredibly frightened and think they're seeing a ghost. To prove he's more than a ghost, Jesus first shows them his wounds, and then ate a piece of fish. He's still who he was before, but he's also transformed, since he can do things like suddenly appear in their midst.

In 1 Corinthians 15:42-44, Paul writes: "⁴²So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. ⁴³It is sown in dishonor, it is raised in glory. It is sown in weakness, it is raised in power.⁴⁴It is sown a physical body, it is raised a spiritual body. If there is a physical body, there is also a spiritual body.

This helps describe Jesus' new form at the end of Luke. He has some kind of new resurrected spiritual body that can do physical things, but also new and hard to understand spiritual things.

What do you think about all this? Based on this and other stories about Jesus after the resurrection, how would you try to describe what the risen Christ is like?

Conclude in prayer. Thank God for blessings, ask forgiveness for wrongs done, request help for uncertainty. Close with "amen."