



10-MINUTE BIBLE LESSON

Both/And

John 20:19-31

Before watching the video: What do you already know about the post-resurrection stories in the Gospels? Where have you seen them depicted in songs, TV shows, movies, and so on? What do you remember about them?

Now read the passage twice. Take time to notice every sentence and phrase. What stands out to you?

¹⁹When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." ²⁰After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. ²¹Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." ²²When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. ²³If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained." ²⁴But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. ²⁵So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe."

²⁶A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." ²⁷Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." ²⁸Thomas answered him, "My Lord and my God!" ²⁹Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe." ³⁰Now Jesus did many other signs in the presence of his disciples, which are not written in this book. ³¹But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name. – **John 20:19-31**

After watching the video: Much like last week, Jesus appears to the disciples in a closed room and shows them his wounds. He is both like he was before, but he's also new and different. Continuing the questions raised by last week's lesson, how might you try to describe what the risen Christ is like?

Thomas says that he wants his own experience of Jesus rather than just what the disciples have told him. After he has it, Jesus says, "blessed are those who have not seen and yet have come to believe." What do you think about the relationship between faith and asking

questions? How do you think questions help our faith? How do you think faith could be important even when we have questions?

Conclude in prayer. Thank God for blessings, ask forgiveness for wrongs done, request help for uncertainty. Close with “amen.”