



## 10-Minute Bible Lesson

### *Trust the Process*

### Philippians 3:12-21

**Before watching the video:** What do you already know about Paul's letter to the Philippians? What verses or passages from it might you know already? What are you most curious about regarding this letter?

**Now read the passage twice.** Take time to notice every sentence and phrase. What stands out to you?

<sup>12</sup>Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. <sup>13</sup>Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, <sup>14</sup>I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.

<sup>15</sup>Let those of us then who are mature be of the same mind; and if you think differently about anything, this too God will reveal to you. <sup>16</sup>Only let us hold fast to what we have attained.

<sup>17</sup>Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. <sup>18</sup>For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. <sup>19</sup>Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. <sup>20</sup>But our citizenship is in heaven, and it is from there that we are expecting a Savior, the Lord Jesus Christ. <sup>21</sup>He will transform the body of our humiliation that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. – ***Philippians 3:12-21***

**After watching the video:** Paul defines “enemies of the cross” as people who only seek their own satisfaction and desires over and against what God calls us to do and what others might need from us. Can you think of a time when your own desires caused you to put your own wants over others’, and it ended up hurting them?

Paul describes a process of transforming from a “body of humiliation” to a “body of God’s glory.” It refers to turning from our own hurtful desires to what God desires. Where in your life might you need this the most?

**Conclude in prayer.** Thank God for blessings, ask forgiveness for wrongs done, request help for uncertainty. Close with “amen.”