



10-MINUTE BIBLE LESSON

Pray Like This

Matthew 6:9-15

Before watching the video: What do you already know about the Sermon on the Mount? What teachings from it might you know already? What are you most curious about regarding these chapters?

Now read the passage twice. Take time to notice every sentence and phrase. You may even want to start and stop the video to spend more time with each. What stands out to you?

“Pray then in this way: Our Father in heaven, hallowed be your name. Your kingdom come. Your will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we also have forgiven our debtors. And do not bring us to the time of trial, but rescue us from the evil one. For if you forgive others their trespasses, your heavenly Father will also forgive you; but if you do not forgive others, neither will your Father forgive your trespasses. – **Matthew 6:9-15**

After watching the video: Were you part of a faith tradition growing up where you learned The Lord’s Prayer? What version did you learn? What words or phrases are different from what’s included in Matthew?

How have you usually understood or interpreted each line of this prayer? What does each meant to you?

Reflect on what the video says about each line of the prayer. Is it similar or different from what you’ve known? What do you find most surprising or challenging or comforting, and why?

Conclude in prayer. Thank God for blessings, ask forgiveness for wrongs done, request help for uncertainty. Close with “amen.”